

## WHAT TO BRING

<b>Bathing costume</b>	All users must wear a recognised swimming costume
<b>Bathing cap</b>	Caps must be worn by all users except with the authority of the Pool Lifeguard
<b>Towel and goggles</b>	Users and carers provide all their own towels and goggles
<b>Specialist equipment</b>	Users are to supply any specialist equipment following negotiation with Pool Lifeguard.